



Taarron Reed



PROFESSIONAL PERSONAL CHEF

Profile

Professional Personal Chef and Culinary Educator with extensive experience serving seniors, families, and professional athletes. Known for delivering high-quality, customized meal preparation that supports wellness, independence, and lifestyle needs—food prepared right the first time, every time.

Education & Certifications

Certified Chef – San Jacinto College
Certified Personal Chef
Master of Business Administration (MBA)
– Grand Canyon University
Graduate Certificate, Geropsychology –
Grand Canyon University
ServSafe Food Protection Manager
Certification

346-667-0078

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Experience

LEREED PERSONAL CHEF SERVICE – Conroe, TX

Personal Chef | Feb 2006 – Sep 2009

Founded and operated a personal chef service providing customized in-home meal preparation for private clients, including professional athletes and their families.

Developed specialized meal programs and delivered consistent, high-quality meals prepared right the first time.

EMERITUS SENIOR LIVING – Sugar Land, TX

Dining Director / Executive Chef | Sep 2007 – Feb 2013

Led dining services for an upscale senior living community, delivering restaurant-quality meals focused on wellness, nutrition, and resident satisfaction while managing operations and culinary standards.

LUBY'S RESTAURANTS – Houston, TX

Food Service Director / Regional Director of Operations |
Sep 2013 – April 2022

Provided culinary and operational leadership across healthcare and multi-unit foodservice accounts, ensuring menu quality, recipe consistency, and regulatory compliance.

PAPPAS RESTAURANTS INC. / CULINARY CONCESSIONS –
Houston, TX

Executive Director of Operations | April 2022 – April 2024

Provided executive oversight across multiple foodservice sectors, ensuring high culinary standards and strong guest satisfaction.

NEW CANEY ISD – New Caney, TX

Culinary Arts Instructor | July 2024 – Present

Develop future culinary leaders through practical instruction and industry-based experiences.